Ashley Smolinka



Ashley Smolinka enjoyed an amazing 4 years of accomplishments as a Cross Country runner for Hillsborough High School. From 2006 to 2009, she was First Team All-Conference, First team All-County, First Team All-Group IV, and First Team All-Area. While she was Third Team All-State Groups in 2006 and Second Team All State Groups in 2007, Ashley was First Team All-State Groups in 2008 and again in 2009. Ashley was First Team All Northeast Region and placed second in the 8 state Northeast Regional meet in 2009. She was the first Hillsborough athlete to be selected to travel to the Nike Cross Country Nationals in Oregon. Ashley was the Somerset County Cross Country Athlete of the Year in 2008 and 2009, and she was the Individual Champion for Somerset County and Skyland Conference in 2009. She was MVP of her team and a medal winner at the state Meet of Champions all four years that she competed. Ashley was the lead runner for the State Championship Team in 2009, and holds school records on all of the courses she raced.

In addition to her success in Cross Country, Ashley Smolinka was a tremendous Spring Track and Field Athlete for Hillsborough High School. She was the Somerset County 1600 Individual Champion in 2010 and the State Meet of Champions 3200 Medal winner in 2009. Her honors include First Team All-County 2009, First Team All-Conference 2008 and 2009, Second Team All-County 2007, 2008, and 2010, Second Team All-Area 2008, Third Team All-Area 2010, and Third Team All-State Group 4 2010. Ashley made the National Qualifier for the Freshman mile in 2007 and the National Qualifier for the 3200 in 2009. She was on the 4xMile relay team at the National Meet in North Carolina that set a Somerset County record and she set the school record for the 3200 in 2009.

In Winter Track, Ashley earned All American in the 3200 and the 4xMile Relay at the New Balance National Meet in 2010. She was on teams that set a 4xMile Relay school record and qualified for the 4x800 Relay at the Penn Relays. Finally, Ashley also holds the school record in the 3200 and was a 3200 National Qualifier.